CCP FLUORENZYME IMMUNOASSAY FOR ANTI CYCLIC CITRULLINATED PEPTIDE (CCP) ANTIBODIES
FOR IN VITRO DIAGNOSTIC USE

DIRECTIONS FOR USE

CONTENTS

EliA uses a modular reagent system. All information needed to understand the use of the EliA tests can be found in the analyte specific DfU and the corresponding EliA Control DfU.

INTENDED USE

EliA CCP is intended for the in vitro quantitative measurement of IgG antibodies directed to CCP in human serum and plasma. The presence of anti-CCP antibodies can be used in conjunction with clinical findings and other laboratory tests as an aid in the clinical diagnosis of rheumatoid arthritis (RA). EliA CCP uses the EliA IgG method on the instrument Phadia 250.

SUMMARY AND EXPLANATION OF THE TEST

Rheumatoid Arthritis (RA) is one of the most common systemic autoimmune diseases (prevalence 1-2%). It is characterized by chronic inflammation of the joints and may lead to progressive erosions and cartilage destruction. Until recently, the early diagnosis of RA relied chiefly on clinical manifestations and on rheumatoid factors (RF) as serological marker. Determination of RF is rather sensitive for RA (50-90%), but only of limited specificity (70-90%)1,2. Patients with various other diseases (e.g. SLE, Sjögren’s syndrome, systemic sclerosis, polymyositis/dermatomyositis) and some healthy individuals were reported to be positive for RF as well2. In 1998, highly RA specific antibodies were described that were directed against citrullinated peptides3. An ELISA made with the originally described CCP sequence was not broadly marketed. EliA CCP contains a mixture of synthetic peptides selected on the basis of improved performance in the detection of RA autoantibodies. In the literature, this antigen preparation is usually referred to as CCP2 or second generation9. Assays using this preparation showed a sensitivity of 68% and a specificity of at least 96%1,4. Thus, anti-CCP testing is a tool to aid in the diagnosis of RA. Additionally, anti-CCP antibodies may be of prognostic value with respect to the development of radiographic joint damage5,6,7,8.

PRINCIPLES OF THE PROCEDURE

The EliA CCP Wells are coated with citrullinated synthetic peptides (second generation antigen). If present in the patient’s specimen, antibodies to CCP bind to their specific antigen. After washing away non-bound antibodies, enzyme-labeled antibodies against human IgG antibodies (EliA IgG Conjugate) are added to form an antibody-conjugate complex. After incubation, non-bound conjugate is washed away and the bound complex is incubated with a Development Solution. After stopping the reaction, the fluorescence in the reaction mixture is measured. The higher the response value, the more specific IgG is present in the specimen. To evaluate test results, the response for patient samples is compared directly to the response for calibrators.

REAGENTS / MATERIAL

The EliA reagents are available as modular packages, each purchased separately. All packages except for the EliA CCP Positive Control 250 and the EliA IgG/IgM/IgA Negative Control 250 are required to carry out an EliA CCP Test. The EliA CCP Wells are packed in carriers which are stored in sealed aluminium foil bags containing a desiccant.

EliA CCP Test-Specific Reagents

**EliA CCP Well (Art. No. 14-5515-01)**

- CCP Well: short name: cp
- coated with citrullinated synthetic peptides (second generation antigen)
- 4 carriers (12 wells each); sufficient for 48 determinations
- ready for use; store dry at 2-8 °C until expiration date

**EliA CCP Positive Control 250 (Art. No 83-1035-01)**

- Human serum in PBS containing BSA, detergent and sodium azide (0.095%); symbol: pos
- Control containing IgG antibodies to CCP
- 6 single-use vials (0.3 ml each); sufficient for 2 determinations per vial
- Ready for use; store at 2-8 °C until expiration date

**EliA IgG/IgM/IgA Negative Control 250 (Art. No 83-1037-01)**

- Human serum in PBS containing BSA, detergent and sodium azide (0.095%); symbol: neg
- Multiparameter control containing normal sera from healthy donors
- 6 single-use vials (0.3 ml each); sufficient for 2 determinations per vial
- ready for use; store at 2-8 °C until expiration date

**EliA Method-Specific Reagents (Phadia 250)**

**EliA Sample Diluent (Art. No 83-1023-01)**

- Sample Diluent (yellow colored); PBS containing BSA, detergent and sodium azide (0.095%)
- 6 bottles (48 ml each); sufficient for ≥ 6 x 180 dilutions
- ready for use; store at 2-8 °C until expiration date

**EliA IgG Conjugate 50 (Art. No 83-1017-01)**

- IgG Conjugate (blue colored); ß-Galactosidase anti-IgG (mouse monoclonal antibodies) in PBS containing BSA and sodium azide (0.06%); symbol: EI-G
- 6 wedge shaped bottles (5 ml each); sufficient for 6 x 50 determinations
- ready for use; store at 2-8 °C until expiration date

**EliA IgG Conjugate 200 (Art. No 83-1018-01)**

- IgG Conjugate (blue colored); ß-Galactosidase anti-IgG (mouse monoclonal antibodies) in PBS containing BSA and sodium azide (0.06%); symbol: EI-G
- 6 wedge shaped bottles (19 ml each); sufficient for 6 x 200 determinations
- ready for use; store at 2-8 °C until expiration date

**EliA IgG Calibrator Strips (Art. No 83-1015-01)**

- human IgG (0, 4, 10, 20, 100, 600 μg/l); in PBS containing BSA, detergent and sodium azide (0.095%)
- 5 strips
- 6 single-use vials per strip (0.3 ml each); sufficient for one calibration curve (double determination)
- ready for use; store at 2-8 °C until expiration date

Manufactured from human sera.
EliA IgG Curve Control Strips (Art. No 83-1016-01)

- human IgG (20 µg/ml); in PBS containing BSA, detergent and sodium azide (0.095 %) symbol: CC-1
- 5 strips
  - Each strip contains 6 x 0.3 ml CC-1 (double determination)
- ready for use; store at 2-8 °C until expiration date

Manufactured from human sera.

EliA IgG Calibrator Well (Art. No 14-5509-01)

- IgG Calibrator Well coated with mouse monoclonal antibodies; short name: Gcal
- 4 carriers (12 wells each); sufficient for 48 determinations
- ready for use; store dry at 2-8 °C until expiration date

Phadia 250 General Reagents

Development Solution (Art. No. 10-9440-01)

- Development Solution 0.01 % 4-Methylumbelliferyl-β-D-galactoside, <0.0010 % preservative
- 6 bottles (17 ml each); sufficient for 6 x >170 determinations
- ready for use; store at 2-8 °C until expiration date

DO NOT FREEZE

Stop Solution (Art. No. 10-9442-01)

- Stop Solution 4 % Sodium Carbonate
- 6 bottles (119 ml each); sufficient for 6 x >560 determinations
- ready for use; store at 2-8 °C until expiration date

Dilution Plates (Art. No. 12-3907-08)

- MicroWell™ plates with 96 wells, 0.5 ml each; Polypropylene
- 60 plates per package; sufficient for 60 x 96 samples
- ready for use

DO NOT REUSE

SPECIMEN COLLECTION, HANDLING AND PREPARATION

The procedure can be performed with serum or plasma specimens. (Validation studies were performed using lithium heparin, citrate and EDTA plasma (1).) Lipemic, hemolyzed or microbially contaminated samples may give poor results and should not be used. Avoid repeated freezing and thawing. Samples should be stored in aliquots at -20 °C (-4 °F) or below for repeated measurements.

Sample Dilution

Samples must be diluted with EliA Sample Diluent. A 1:100 dilution of the samples is required for the EliA CCP Test. Samples can be diluted manually, but instrument dilution is recommended.

PROCEDURE

Handling of EliA CCP Well

In the Phadia 250 storage chamber, carriers are stable for up to 28 days. If you are not expecting to use them up within this time, the carriers should be loaded via the Phadia 250 Loading Tray and, for stability reasons, must be put back into the desiccant-containing foil bag directly after the run. Because it is important to store the wells in dry conditions at 2-8°C, the bag must be properly resealed. If stored under these conditions, the shelf-life from the date of first opening is 9 months, if not limited by the expiry date stated on the carrier and foil bag.

Lot specific barcode

Use the built-in barcode reader to enter the lot specific information of EliA CCP Well, EliA IgG Calibrator Well and EliA IgG Conjugate. In case of manual handling make sure to enter the characters below the barcode.

On-board stability of reagents

- EliA Wells
  - EliA Well carriers can be stored on-board for 28 days at 2-8°C or 24 hours at room temperature.
- EliA Calibrator Strips, EliA Curve Control Strips
  - Can be stored on-board for 28 days. During longer interval between usage (>3 days) it is recommended to unload the strips from the instrument and store them at 2-8°C.
- EliA Sample Diluent
  - Can be stored on-board for 7 days at room temperature. Re-cap bottles every night.

WARNING!

Reagents contain sodium azide (NaN₃) as a preservative. NaN₃ may be toxic if ingested or absorbed by skin or eyes. NaN₃ may react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush with a large volume of water to prevent azide build-up. Please refer to decontamination procedures as outlined by CDC or other local and national guidelines. Waste Bottle and ImmunoCAP/EliA Well Waste Container may be contaminated by potentially infectious material. Use appropriate safety measures and wear gloves.

EliA IgG Calibrator Strips, EliA Curve Control Strips

- Dilution Plates (Art. No. 12-3907-08)
  - MicroWell™ plates with 96 wells, 0.5 ml each; Polypropylene
  - 60 plates per package; sufficient for 60 x 96 samples
  - ready for use

DO NOT REUSE

Phadia 250 General Reagents

Development Solution (Art. No. 10-9440-01)

- Development Solution 0.01 % 4-Methylumbelliferyl-β-D-galactoside, <0.0010 % preservative
  - 6 bottles (17 ml each); sufficient for 6 x >170 determinations
  - ready for use; store at 2-8 °C until expiration date

DO NOT FREEZE

Stop Solution (Art. No. 10-9442-01)

- Stop Solution 4 % Sodium Carbonate
  - 6 bottles (119 ml each); sufficient for 6 x >560 determinations
  - ready for use; store at 2-8 °C until expiration date

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  - 60 plates per package; sufficient for 60 x 96 samples
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  - ready for use; store at 2-8 °C until expiration date
Volumes per determination

**Reagent volumes per determination**

<table>
<thead>
<tr>
<th>Reagent</th>
<th>Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calibrator</td>
<td>90 μl</td>
</tr>
<tr>
<td>EliA IgG Conjugate</td>
<td>90 μl</td>
</tr>
<tr>
<td>Development Solution</td>
<td>90 μl</td>
</tr>
<tr>
<td>Stop Solution</td>
<td>200 μl</td>
</tr>
</tbody>
</table>

**Sample volumes per determination**

| Manual dilution:         | 90 μl of diluted sample |
| Instrument dilution (1:100): | 20 μl of non diluted sample |


**Reagent volumes per 200 determinations**

<table>
<thead>
<tr>
<th>Reagent</th>
<th>Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Washing Solution</td>
<td>5-7 l*</td>
</tr>
<tr>
<td>Rinse Solution</td>
<td>5-6 l*</td>
</tr>
</tbody>
</table>

*The residual volume depends on the number of samples and dilution method used.

Procedural comments

- From one sample diluted by the instrument (1:100), up to 11 determinations can be made.
- When using software default, samples are run in single determination.
- Washing Solution must be at room temperature when used.
- The first result is available after approx. 2 hours and further results at one minute intervals afterwards. Up to 5 x 10 samples can be loaded continuously and are processed by random access.
- Incubations are automatically performed at 37 °C (98.6 °F).

**CALIBRATION AND REFERENCE MATERIAL**

The calibration curve is obtained with EliA IgG Calibrators which are run in duplicate. The curve is stored and subsequent tests are evaluated against the stored curve using only the EliA IgG Curve Control (run in duplicate).

The IgG Calibrators are traceable via an unbroken chain of calibrations to the International Reference Preparation (IRP) 67/86 of Human Serum Immunoglobulins A, G and M from World Health Organization (WHO).

A new calibration curve must be run when:

- the last calibration was made more than one month ago or
- a new lot of EliA IgG Conjugate is introduced or
- when the EliA IgG Curve Control is outside the specified limits (defined in Phadia 250 Instrument Software).

There are no international standards for CCP antibodies. Results are given in arbitrary EliA Units/ml.

**QUALITY CONTROL**

Control Specimens

Good laboratory practice requires that quality control specimens should be included in every run. Any material used should be assayed repeatedly to establish mean values and acceptance ranges. EliA Controls are available for the quality control of the measurements.

**CALCULATION AND INTERPRETATION OF RESULTS**

**Presentation of Results**

Phadia 250 measures specific IgG concentrations in μg/l. By using a conversion factor given by the lot-specific code of the EliA CCP Well, the results are automatically converted to EliA U/ml.

**Interpretation of Test Results**

The ranges (negative, equivocal, positive) recommended for the evaluation of the results are given in the table below.

<table>
<thead>
<tr>
<th>Test</th>
<th>Unit</th>
<th>negative</th>
<th>equivocal</th>
<th>positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>EliA CCP</td>
<td>EliA U/ml</td>
<td>&lt; 7</td>
<td>7 - 10</td>
<td>&gt; 10</td>
</tr>
</tbody>
</table>

Good laboratory practice requires that each laboratory establishes its own range of expected values.

**LIMITATIONS**

A definitive clinical diagnosis should not be based on the results of a single diagnostic method, but should only be made by the physician after all clinical and laboratory findings have been evaluated.

**EXPECTED VALUES**

Antibody prevalence in autoimmune patients varies widely depending on disease area. The proportion of sera from a normal population found positive for the CCP antibodies covered by the EliA CCP test is below 1%⁴. Expected values may vary depending on the population tested.

**Results Obtained for Healthy Subjects**

The frequency distribution for CCP antibodies was investigated on the instrument Phadia 100 in a group of apparently healthy subjects equally distributed by age and gender, using sera from a Caucasian population obtained from a blood bank. The results are given in the table below.⁴¹
A comparison study between Phadia 100 and Phadia 250 was performed at Phadia AB, Uppsala, Sweden, with 36 patient samples, to assess the analytical performance of both systems. Results show good agreement.

**PERFORMANCE CHARACTERISTICS**

**Measuring Range**
The measuring range (detection limit, upper limit) for EliA CCP is from 0.4 to ≥ 340 EliA U/ml. No hook effects could be observed for concentrations up to 10 fold above the measuring ranges.\(^1\)

Only values above the Detection Limit can be regarded as valid results. The upper limit of the reported results can vary due to a lot-specific conversion from \(\mu\)g/l to EliA U/ml. Results above the upper limit are reported as “above”. Please note that due to differing binding characteristics of the antibodies in patient samples, not all sera can be diluted linearly within the measuring range.

**Specificity**
The EliA CCP Test permits the determination of IgG antibodies directed against the CCP antigen as described in section "Reagents".

**Precision**
To determine the precision of the assay, the variability was assessed in studies with 13 runs by examining 3 samples on 3 instruments. The statistical evaluation was performed by Analysis of Variance. The results are given in the table below.\(^2\)

<table>
<thead>
<tr>
<th>Test</th>
<th>Sample</th>
<th>Unit</th>
<th>Mean Value</th>
<th>Coefficients of variation (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Intra-Run</td>
</tr>
<tr>
<td>EliA CCP</td>
<td>1</td>
<td>EliA U/ml</td>
<td>9.1</td>
<td>10.5</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>EliA U/ml</td>
<td>15.7</td>
<td>7.9</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>EliA U/ml</td>
<td>63.3</td>
<td>6.0</td>
</tr>
</tbody>
</table>

\(^1\) Studies performed at Phadia GmbH, Freiburg, Germany

\(^2\) Studies performed at Phadia AB, Uppsala, Sweden

**REFERENCES**

**WARRANTY**
The performance data presented here was obtained using the procedure indicated. Any change or modification in the procedure not recommended by Phadia AB may affect the results, in which event Phadia AB disclaims all warranties expressed, implied or statutory, including the implied warranty of merchantability and fitness for use. Phadia AB and its authorized distributors, in such event, shall not be liable for damages, indirect or consequential.

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Issued October 2011
© Phadia GmbH, Freiburg, Germany