Rhinitis
Allergic or non-allergic? Knowing makes a difference.

Rhinitis: Different etiologies trigger the same symptoms\(^1,2\)

**The Need**
Patients with rhinitis want real relief from their symptoms.

**The Challenge**
Symptoms of allergic and non-allergic rhinitis are similar\(^1\)
- Nasal congestion
- Rhinorrhea
- Increased secretions
- Sneezing
- Pruritus

**The Solution**
Utilize specific IgE testing to differentiate allergic from non-allergic rhinitis and select targeted treatment.\(^1\)

"Rhinitis should be classified by etiology as allergic or non-allergic and differentiated from conditions that mimic symptoms of rhinitis."\(^1\)

—AAAAI/ACAAI Joint Task Force on Practice Parameters
Differentiate allergic from non-allergic rhinitis
Knowing makes a difference

Without specific IgE testing, allergic rhinitis is the presumptive diagnosis
• The majority of patients presenting with rhinitis symptoms are not allergic3,4
• Antihistamines and leukotriene receptor antagonists are not effective at reducing symptoms if the patient is diagnosed with non-allergic rhinitis3,5

With specific IgE testing, the accuracy of the diagnosis improves
• Use of ImmunoCAP® Specific IgE blood testing in a primary care setting improved the diagnosis and management of patients with allergy-like symptoms6

Test with ImmunoCAP to differentiate the diagnosis and target the treatment!7
When used in conjunction with a history and physical exam, ImmunoCAP results offer objective evidence to6:
• Differentiate allergic from non-allergic etiologies
• Select a targeted treatment for allergic and non-allergic rhinitis
• Reduce exposure to specific allergic triggers1
• Guide timely and appropriate referrals, if necessary

The difference ImmunoCAP testing makes6
With the use of specific IgE testing, the diagnosis of non-allergic patients increased from 9.6% to 42.7%.5

ImmunoCAP testing is easy for clinicians to utilize

• Requires only a single blood sample
• Patients do not need to stop medications
• Regional respiratory profiles offered by laboratories test for common inhalant allergens

References

You can’t know until you test!
www.isitallergy.com

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